





# Lunch December 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1</b> Meatball Marinara 2oz Broccoli 3/4c Banana 1/2c
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
Hot Dog on WG Bun 3oz Tater Tots 3/4c Applesauce cup 1/2c	Chicken Pot Pie 4oz WG Wheat Crackers 1oz Broccoli 3/4c Orange Juice 1/2c	Turkey Sausage Pizza 3oz Cherry Tomatoes 3/4c Pear 1/2c	Teriyaki Veggie Tenders w/ Ginger Rice 3oz Edamame 3/4c Applesauce Cup 1/2c	Philly Cheesesteak on WG Hoagie Roll 4oz Roasted Onion & Peppers 3/4c Banana 1/2c
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
Curry Butter Chicken & Rice 3oz Red Bell Pepper Strips 3/4c Applesauce cup 1/2c	Chicken & Cheese Nachos 2oz Tortilla Chips 2oz Jalapeno Corn Blend 3/4c Orange Juice 1/2c	Ravioi w/ Marinara 3oz Broccoli 3/4c Pear 1/2c	Hamburger on WG Bun 3oz Lettuce & Tomato 3/4c Applesauce Cup 1/2c	Turkey Sausage Pizza 3oz Lemon Chickpea Salad 3/4c Banana 1/2c
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
Chicken Sandwich 4oz Broccoli 3/4c Applesauce Cup 1/2c	Big Daddy's Fiesta Sandwich 3oz Black Beans 3/4c Orange Juice 1/2c	Cinnamon Toast w/ Mixed Berries 4oz Turkey Sausage 4oz Seasoned Potatoes 3/4c Pear 1/2c	Veggie Tenders 2oz WG Veggie Tenders 2oz Cucumber Slices 3/4c Applesauce Cup 1/2c	Beef Tacos 3oz Cherry Tomatoes 3/4c Banana 1/2c

**NOTICE:** The data contained within this report and the Mosaic Back of the Housefi Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

*\* All Grain/Bread items served are Whole Grain Rich.*

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