

February 2023



Monday	Tuesday	Wednesday	Thursday	Friday
01/30/2023 Meatloaf Meatloaf 2oz WG Texas Toast 2oz Lemon chickpea salad 3/4c Apple 1/2c	1/31/2023 Cheese Pizza WG Crust 2oz, Cheese 2oz Broccoli (hot) 3/4c Pineapple cup 1/2c	2/1/2023 Hamburger WG Hamburger Bun 2oz, Beef patty 2oz Cherry Tomatoes 3/4c Applesauce cup 1/2c	2/2/2023 Teryaki Chicken WG Brown Rice 2oz, Diced chicken (tossed in teriyaki sauce) 2oz Snap peas 3/4c Banana 1/2c Ranch Dressing	2/3/2023 Beef Tacos WG Tortilla 2oz, Seasoned ground beef 2oz Corn (hot) 3/4c Clementines 1/2c
2/6/2023 Chicken Nuggets Chicken Nuggets 2oz, WG Dinner Roll 1oz Baby Carrots 3/4c Apple 1/2c	2/7/2023 Hot Dog WG Hot Dog Bun 2oz, Hot Dog 2oz French Fries 3/4c Pineapple Cup 1/2c	2/8/2023 Chicken and Vegetable Dumplings WG Wrapper 2oz, Chicken & veggie filling 2oz Edamame 3/4c Flavored Craisins 1/2c	2/9/2023 Local Chicken Drumstick WG Dirty Brown Rice 2oz, BBQ Chicken Drumstick 2oz Collard & Kale Mix 3/4c Cinnamon Apples (hot) 1/2c	2/10/2023 Walking Taco WG Tortilla Chips (Fritos Bag) 2oz, Seasoned ground beef & nacho cheese 2oz Peppers & Onions (hot) 3/4c Clementines 1/2c
2/13/2023 Breakfast For Lunch Bakecrafters waffles (2ct) 2oz, Turkey Sausage 2oz, Seasoned potatoes 3/4c Pineapple Cup 1/2c Syrup	2/14/2023 Chicken Pot Pie WG Biscuit 1oz, WG Crackers 1oz, Diced Chicken 2oz, Diced Carrots, Diced Celery Green Beans (hot) 3/4c Pineapple Cup 1/2c	2/15/2023 Bean & Cheese Tamale Corn tamale 2oz, Cheese and bean filling 2oz Red bell pepper strips 1/2c Applesauce Cup 1/2c	2/16/2023 Chicken Nuggets Chicken Nuggets 2oz Lemon chickpea salad 3/4c Pear 1/2c	2/17/2023 Wild Mikes Turkey Pepperoni Pizza WG Crust 2oz, Turkey Sausage 2oz Broccoli Raisin Salad 3/4c Grapes 1/2c
02/20/2023 NO SCHOOL Presidents Day	02/21/2023 Jambalaya WG Brown Rice 2oz, Diced chicken 2oz Seasoned Green Beans 3/4c Pineapple Cup 1/2c	02/22/2023 Vegetarian Chili Mac WG Elbow Noodles 2oz, Beans 1oz, Shredded cheese 1oz Mixed green salad 1.5oz Applesauce cup 1/2c Ranch Dressing	02/23/2023 Italian Drumstick WG Pasa 2oz, Italian Chicken Drumstick 2oz, Marinara Sauce Baby Carrots 3/4c Craisins 1/2c Ranch Dressing	02/24/2023 Fish Sticks WG Breading 1oz, Fish 2oz Corn (hot) 3/4c Clementines 1/2c WG Dinner Roll 1oz
02/27/2023 Meatloaf Meatloaf 2oz WG Texas Toast 2oz Lemon chickpea salad 3/4c Apple 1/2c	02/28/2023 Wild Mikes Turkey Pepperoni Pizza WG Crust 2oz, Turkey Sausage 2oz Broccoli (hot) 3/4c Pineapple Cup 1/2c			