


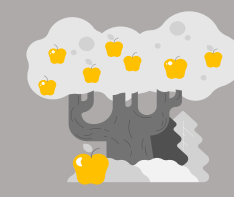


Breakfast November 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		11/1/2023 Chocolate Chip Darlington Bar 1oz Banana 1/2c Craisins 1/3c	11/2/2023 Peach Yogurt 1oz WG Granola 1oz Applesauce 1/2c Orange 1/2c	11/3/2023 WG Blueberry Breakfast Bread 1oz String cheese 1oz Pear 1/2c Apple 1/2c
11/6/2023 WG Plain Bagel 2oz Cream Cheese Orange 1/2c Apple Cherry Juice 1/2c	11/7/2023 WG Honey Cheerios 1oz String Cheese 1oz Apple 1/2c Fruit Cup 1/2c	11/8/2023 Flavored Yogurt 1oz WG Granola 1oz Banana 1/2c Craisins 1/3c	11/9/2023 Flavored Overnight Oats 2oz Apple Cinnamon Applesauce 1/2c Orange 1/2c	11/10/2023 WG Banana Muffin 2oz Pear 1/2c Apple 1/2c
11/13/2023 WG Cinnamon Rasin Bagel 2oz Cream Cheese Orange 1/2c Apple Cherry Juice 1/2c	11/14/2023 WG Trix 1oz String Cheese 1oz Apple 1/2c Fruit Cup 1/2c	11/15/2023 Flavored Yogurt 1oz WG Granola 1oz Banana 1/2c Craisins 1/3c	11/16/2023 WG Darlington Bar 1oz Hard Boiled Egg 1oz Orange 1/2c	11/17/2023 WG Blueberry Breakfast Bread 1oz Pear 1/2c Apple 1/2c
11/20/2023 WG Plain Bagel 2oz Cream Cheese Orange 1/2c Apple Cherry Juice 1/2c	11/21/2023 WG Cheerios 1oz String Cheese 1oz Apple 1/2c Fruit cup 1/2c	<div style="display: flex; justify-content: space-between;"> 11/22/2023 11/23/2023 11/24/2023 </div>  <h2 style="text-align: center;">Holiday Break</h2>		
11/27/2023 Cereal 1oz Smoothie 1oz (fruit in smoothie 1/2c) Applesauce 1/2c	11/28/2023 WG Honey Bunches of Oats 1oz String Cheese 1oz Apple 1/2c Fruit Cup 1/2c	11/29/2023 Chocolate Chip Darlington Bar 1oz Banana 1/2c Craisins 1/3c	11/30/2023 Peach Yogurt 1oz WG Granola 1oz Apple Sauce 1/2c Orange 1/2c	

NOTICE: The data contained within this report and the Mosaic Back of the Housefi Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

** All Grain/Bread items served are Whole Grain Rich.*

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